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| EVERY SENSATION CONTRA INDICATIONS CHECKLIST PRIOR TO USING THE  HYDROTHERAPY POOL | | |
| Absolute contra indication | Present yes | Present no |
| Acute vomiting and/or diarrhoea |  |  |
| Medical instability following either a recent stroke or |  |  |
| Pulmonary embolism or |  |  |
| Status asthmaticus or |  |  |
| Status epilepticus or |  |  |
| Deep vein thrombosis |  |  |
| Proven chlorine sensitivity |  |  |
| Resting angina |  |  |
| Shortness of breath at rest |  |  |
| Uncontrolled cardiac failure |  |  |
| Pregnancy |  |  |
| Awareness/consideration of the following- the group leader to be aware of and take responsibility for:- |  |  |
| Fear of water |  |  |
| Haemophilia |  |  |
| Hearing aids |  |  |
| High/low blood pressure |  |  |
| Impaired sensation |  |  |
| Impaired vision |  |  |
| Impaired hearing/hearing aids/grommets |  |  |
| Incontinence of faeces |  |  |
| Invasive tubes in situ – eg |  |  |
| Poor skin integrity/open/surgical wounds |  |  |
| MRSA |  |  |
| Renal failure (kidneys) |  |  |
| Contact lenses and conjunctivitis |  |  |
| Risk of aspiration |  |  |
| Low calorie intake |  |  |
| Prone to blackouts |  |  |
| Sickle cell anaemia |  |  |
| Tracheostomy |  |  |
| Head lice |  |  |
| Fungal infections – especially between fingers as highly contagious |  |  |
| Inefficient thermoregulation – hypothalamus irregularity causing excessive heat gain |  |  |
| Date:  Group Leader name  Group Leader Signature | | |
| Any issues discussed and agreed with  Name  Signature  Date | | |

Reviewed 28/11/12