Covid-19: Hydro Assessment

Do not go to a hydrotherapy pool if you currently have any illness symptoms or have been in contact with a known Covid-19 case in the last 14 days.

Service user/staff member are asked to take their temperature before leaving home.

Temperature > 37.5 degrees.

Temperature < 37.5 degrees.

Service user/staff member to stay at home to self-isolate.

No symptoms present.

If temperature normal and no symptoms - progress to hydro pool maintaining social distancing.

If symptoms develop whilst in the centre these should be reported immediately.

A/staff member to leave the training facility **IMMEDIATELY** and return home to self-isolate.

Service user/ staff member travels to training venue practicing social distancing.

Service user/staff to complete form to declare whether they have been in contact with someone with Covid-19 for 14 days or have any of the following symptoms:

* cough
* fever > 37.5 degrees
* shortness of breath, chest pain or tightness
* abnormal fatigue
* abnormal muscle or joint pain
* loss of taste or smell
* diarrhoea, vomiting or nausea.

Symptoms present.